



# Rhoziva

THE SCIENCE OF LIFE

[www.rhoziva.com](http://www.rhoziva.com)



**Rhoziva™ (row-zee-vah)** is a proprietary herbal blend utilizing the powerful Rhodiola rosea root that has been proven to provide the following health benefits:

- Prevents fatigue
- Reduces stress & anxiety
- Increases stamina
- Boosts physical energy
- Improves mood & well-being
- Increases memory & focus
- Improves athletic performance
- Promotes physical recovery

Rhodiola rosea protects against Glutathione depletion, helping maintain immune function by acting as a potent antioxidant.

In addition to helping the body form red blood cells and maintain proper muscle function, Rhodiola rosea also improves the body's ability to metabolize carbohydrates, fats, and proteins while helping maintain healthy skin.

## RHOZIVA™ FOR STRESS

**Rhoziva™** is the first step to achieving the liberation of health and balance! It nourishes the body and balances the stress response systems while increasing cellular energy thereby allowing your body to deal with stress in the most appropriate and beneficial way for you. Rhodiola rosea improves physical and mental endurance and as an adaptogen, it enables your body to move to the next level of health!

While contributing to energy production and a heightened sense of awareness, Rhodiola rosea balances the stress response systems and induces a state of calm and well-being.



## RHOZIVA™ FOR ATHLETES



**Rhoziva™** has the same muscle-building benefits as steroids with no negative side effects!

Rhoziva™ is tested, certified and **PROVEN** to be effective. In the muscle, Rhodiola

rosea helps clear lactic acid after exercise, enabling the athlete to train harder and more frequently.

Rhodiola rosea is a highly effective aid to athletes in many ways. It increases the production of creatine phosphate and ATP (high-energy molecules) at a cellular level and increases the rate at which oxygen is utilized in the muscles. These factors contribute to faster recovery times with moderated heart rates, while also creating ideal conditions for greater speed, strength, and endurance. Rhodiola rosea also reduces fatigue and increases alertness and attentiveness.

## RHOZIVA™ FOR WEIGHT LOSS

According to Drs. Brown & Gerbarg, authors of the book *"The Rhodiola Revolution"* Rhodiola rosea ...

- Can play a vital role in any weight loss program by activating hormones which help to mobilize stored fat into a useful source of energy.
- Is proven to help speed up the metabolism of fat, and promote weight loss.
- Increases energy and balances mood, making it easier to exercise and make healthier lifestyle choices.

